

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dan Sharrers Aquatic Centre							
Public Swim	6:30am-8:00pm	12:00pm-8:00pm	6:30am-8:00pm	12:00pm-8:00pm	6:30am-8:00pm	12:00pm-8:00pm	12:00pm-5:00pm
Deep Water Aqua Fit	9:00am-10:00am		9:00am-10:00am		9:00am-10:00am		
Sizzlin' Shallow Aqua Fit	1:00pm-2:00pm		1:00pm-2:00pm		1:00pm-2:00pm		
Aqua Fit Boot Camp						12:00pm-12:50pm	
Gym & Cardio Room							
Open Gym	6:00am-8:30pm	8:00am-8:30pm	6:00am-8:30pm	8:00am-8:30pm	6:00am-8:30pm	10:00am-8:30pm	10:00am-5:30pm
Youth Gym (13 – 15 yrs)	3:30pm-6:30pm		3:30pm-6:30pm		3:30pm-6:30pm	1:00pm-4:00pm	
Fitness Classes							
Fitness Express	12:00pm-12:50pm		12:00pm-12:50pm		12:00pm-12:50pm		
Cardio Confusion	5:30pm-6:30pm		5:30pm-6:30pm				
Core Connection	6:45pm-7:45pm		6:45pm-7:45pm				
Tone Zone		12:00pm-1:00pm		12:00pm-1:00pm			
Yoga		4:45pm-5:45pm		4:45pm-5:45pm		10:30am-11:30am	
Spin Cycle		6:00pm-7:00pm	10:15am-11:15am	6:00pm-7:00pm	10:15am-11:15am	9:15am-10:15am	
Arena							
Public Skate			5:45pm-7:00pm	11:00am-12:00pm		4:00pm-5:30pm	4:00pm-5:30pm
Parent & Tot Skate	10:00am-11:00am		10:00am-11:00am				
Adult Skate			9:00am-10:00am		9:00am-10:00am		
Casual Hockey	Youth 3:15pm-4:30pm			Adult 1:00pm-2:30pm	Student 3:15pm-4:30pm		
Adult Shinny Hockey		10:30am-12:00pm			10:30am-12:00pm		
55+ Hockey (Registration Required)					1:30pm-2:45pm		

*All Inclusive Pass and 10 or 20 pass includes access to gym, pool, arena & fitness classes.
 All other passes include access to gym, pool & arena only.*

Rates	Drop In	10 Pass	20 Pass	1 Month	3 Month	6 Month	1 Year
Child (4-6 Years)	\$2.50	\$19.00	\$36.00	\$17.00	\$39.00	\$69.00	\$128.00
Youth (7-13 Years)	\$4.00	\$34.00	\$63.00	\$39.00	\$87.00	\$156.00	\$287.00
Student (14-18 Years)	\$4.25	\$36.00	\$68.00	\$42.00	\$93.00	\$166.00	\$307.00
• All Inclusive Pass	-	-	-	\$62.00	\$138.00	\$238.00	\$427.00
Adult (19-54 Years)	\$5.50	\$46.00	\$86.00	\$55.00	\$125.00	\$229.00	\$433.00
• All Inclusive Pass	-	-	-	\$75.00	\$170.00	\$301.00	\$553.00
Senior (55+ Years)	\$5.00	\$41.00	\$77.00	\$49.00	\$109.00	\$176.00	\$327.00
• All Inclusive Pass	-	-	-	\$69.00	\$154.00	\$248.00	\$447.00
Family (Group of 5 - Max 2 Adults)	\$9.50	\$84.00	\$159.00	\$111.00	\$250.00	\$446.00	\$874.00

Parent & Tot Skate	\$3.25
Casual Hockey Rate (Mon-Fri 7am-5pm)	\$3.25
Skating Day Rate (Mon-Fri 7am-5pm)	\$2.50
Skate Rental	\$3.00
Helmet Rental	\$2.25
Skate Sharpening	\$5.50
Ice Rental - Youth	\$80.00/hour
Ice Rental - Adult	\$165/hour non-prime time \$175/hour prime time

Hockey Tournaments 2012



Midget January 6, 7, 8, 2012
Atom A1 January 13, 14, 15, 2012
Bantam February 3, 4, 5, 2012
Adult Hockey League February 10, 11, 12, 2012
Hockey - level 2/3 February 24, 25, 26, 2012
Figure Skating Carnival March 3, 2012
Hockey - level 4 March 9, 10, 11, 2012
Adult Hockey League March 16, 17, 18, 2012
HDRCS Friendship Tournament March 23, 24, 25, 2012

SENIOR MONDAYS
 \$2.00 6:00am - 5:00pm

WACKY WEDNESDAYS
 \$2.00 Admission All Day

2 FOR 1 FRIDAYS
 6:00am - 5:00pm

1/2 PRICE FAMILIES
 All Day Sundays